

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 • Okehampton M.C (OMC)	2 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1- 5pm (remote) • Tor Support • Katie Strength + Balance
3	4 • Chagford H.C • Cheriton Bishop Practice	5 • Cheriton Bishop Practice	6 • Blake House Surgery	7 • Okehampton M.C (OMC)	8 • Okehampton M.C (OMC)	9 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1- 5pm (remote) • Tor Support • Katie Strength + Balance
10	11 • Chagford H.C • Cheriton Bishop Practice	12 • Cheriton Bishop Practice	13 • Blake House Surgery	14 • Okehampton M.C (OMC)	15 • Okehampton M.C (OMC)	16 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1- 5pm (remote) • Tor Support • Katie Strength + Balance
17	18 • Chagford H.C • Cheriton Bishop Practice	19 • Cheriton Bishop Practice	20 • Blake House Surgery	21 • Okehampton M.C (OMC)	22 • Okehampton M.C (OMC)	23 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1- 5pm (remote)
24	25	26	27 • Blake House Surgery	28 • Okehampton M.C (OMC)	29 • Okehampton M.C (OMC)	30 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1- 5pm (remote)