Transitions run by the Wiser£money partnership. Free, confidential money and debt advice in rural Torridge and West Devon for those that cannot access mainstream advice	www.navigatecharity.org.uk/make-a-referral/
services. Offers home visits (when restrictions allow) and phone support.	Email: enquiries@wisermoney.org.uk
Funded by the National Lottery's Community Fund.	Tel: 01823 299050 8.30am to 4.30pm office Mon to Fri
Citizen's Advice : free and confidential money, debt and budgeting advice; consumer advice	9am-5pm Mon-Fri: 0808 223 1133
(e.g. cancelled holiday or event). www.cabdevon.org.uk/need-advice/	Universal Credit Help to Claim 8am to 6pm, Mon- Fri: 0800 144 8444
www.citizensadvice.org.uk/	All other issues :
	Adviceline 10am to 4pm, Mon-Fri:
	03444 111 444
Help to claim Universal Credit Citizens Advice can provide initial assessment and guidance for Universal Credit claims at their local offices (see above) during opening hours.	www.citizensadvice.org.uk/helptoclaim/#h- our-help-to-claim-serviceHelpline: Tel: 0800 144 8444 Advisers are available 8am to 6pm, Monday to Friday. Chat on line:https://www.citizensadvice.org.uk/aboutus/ contact-us/contact-us/web-chat-service/ Monday to Friday 10am to 4pm
Quids 4 Kids (CAB Devon) offers help to families in Devon with a child who has special needs, a long term illness or disability, with benefit ,tax credit claims & appeals. Also young people aged 16-21 with a special need or a disability.	www.cabdevon.org.uk/projects/quids-for-kids Tel: 0300 5000 404
DATA —offering free debt advice to people living in Tavistock and the surrounding areas through home visits and phone support.	www.datavistock.org.uk enquiry@datavistock.org.uk 07955 728721

Housing information about how West Devon Borough Council can help if you are in housing crisis.	www.westdevon.gov.uk/Housingadvice Tel: 01822 813600
LiveWest (Housing) Offering tenancy support, housing management and emergency grants.	www.livewest.co.uk Email: <u>enquiries@livewest.co.uk</u> For financial support in extreme crisis , email <u>community.investment@livewest.co.uk</u>

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RABI (Royal Agricultural Benevolent Institution)	www.rabi.org.uk
Offers help, advice & grants for individuals linked	Tel: 0808 2819490
to farming.	Email: <u>info@rabi.org.uk</u>
The Farming Community Network Social contact	www.fcn.org.uk
telephone service providing help and support to	Helpline: 03000 111 999
farmers and allied industries.	Email: <u>help@fcn.org.uk</u>
Perennial Advice & Support	Call free of charge and in complete confidence:
For those individuals and families working or	0800 093 8543 (Mon-Fri 8.30 am – 5.00pm)
have worked in the horticulture industry.	Email: info@perennial.org.uk
Housing, accommodation, disability, long-term	Email: millioupercennial.org.uk
illness, financial hardship, bereavement or the	www.perennial.org.uk
unique challenges that come with old age.	
Royal British Legion and SSAFA: offers help,	www.britishlegion.org.uk
advice & grants to members of the armed	online chat or 0808 802 8080
services, veterans, reservists and their families.	www.ssafa.org.uk email contact form or 0800 260 6767
Macmillan free and confidential advice for	National Macmillan Support Line
individuals and families who are affected by	0808 808 00 00 or email contact form
cancer and other life limiting conditions on their benefit entitlements.	Open every day, 8am – 8pm
benefit entitlements.	www.macmillan.org.uk/cancer-information-
	andsupport/get-help/financial-help/welfare- rightsadvice
Stepchange debt charity offering debt advice	www.stepchange.org
on line or over the telephone	0800 138 1111

National Debt Line , offering information and advice	www.nationaldebtline.org 0808 808 4000
Money and Pension Service formed in 2019, supported by the UK Government, combining the Money Advice Service, Pension Wise and Pension Advisory Service.	https://maps.org.uk/
Money Advice Service – free guidance on all aspects of managing your income and expenditure.	www.moneyadviceservice.org.uk Tel: 0800 138 7777
Money and budgeting advice	www.moneyadviceservice.org.uk

Benefit and grant calculator	www.turn2us.org.uk
Help to Save is a type of savings account. It allows those entitled to Working Tax Credit and receiving Child Tax Credit or receiving Universal Credit and your household earned £569.22 or more from paid work in your last monthly assessment period. The saving account offers a 50p bonus for every £1 saved over 4 years.	https://www.gov.uk/get-help-savings-low- income Follow link above for more information and to apply. Help to Save is backed by the government so all savings in the scheme are secure.
Government Help with applying for Attendance Allowance Help with applying for Pension Credit new claim Help with applying for Universal Credit Personal Independence Payment new claim If you do not have help and are vulnerable you can ask for the DWP Visiting Team to visit you at home.	www.gov.uk Attendance Allowance help line 0800 731 0122 Pension Service help line 0800 7310469 Universal Credit 0800 328 5644 PIP 0800 121 4433
Pension Wise free and impartial government guidance about your defined contribution pension options.	www.pensionwise.gov.uk/en Tel: 0800 138 3944
Pension Advisory Service provides free advice and help with tracing lost personal pensions	www.pensionsadvisoryservice.org.uk Tel: 0800 011 3797

Local services in Devon – web based directory of services	www.devonservices.org.uk www.pinpointdevon.co.uk
TASS (Tavistock Area Support Services) offer services to people 55 years+; community transport, befriending, advice, info & form filling.	www.tasstavistock.org.uk online enquiry form Tel: 01822 616958
Age UK Call our free, confidential advice line Phone buddy line (an hourly chat once a week)	www.ageuk.org.uk enquiry form online 0800 055 6112 8am-7pm, 365 days a year
Independent Age Help and advice for older people, offering impartial advice and information, including free guides you can order to be posted to you free of charge. Campaigns for better and fairer services for older people.	www.independentage.org Free advice line 0800 319 6789 Mon – Fri 8.30am – 6.30pm Sat 9am – 1pm advice@independentage.org
Tamar Energy Providing energy advice and support including help with bills, fuel debt, prepayment meters, concerns about heating etc.	www.tamarenergycommunity.com Tel: 0800 233 5414 <u>hello@tamarenergycommunity.com</u>
Warm Home Discount If on a low income and in receipt of certain benefits, talk to your energy provider about the Warm home Discount; £140 off your bill and check if you are on the best tariff.	To find out more visit <u>www.gov.uk/the-warm-homediscount-</u> <u>scheme/</u>
South West Water (SWW) provides help with dealing with water debts. Restart which offers a lower water bill based on your ability to pay. A lower water tariff named WaterSure Plus for those using more water because of a medical condition or have three or more children under 19. WaterCare for those on a low income and receiving a means tested benefit. There is also Freshstart and Waterdirect. The Water Care Team are SWW advisors that can visit customers in their own home who would find completing the application forms difficult to advise on applying a lower tariff.	 www.southwestwater.co.uk South West Water Tel:0344 346 1010 To be eligible for help you will have to have a water meter or have one fitted. This is free. If you can't have a water meter fitted ask about an assessed charge. watercareteam@southwestwater.co.uk Tel: 0344 346 1010

Water Debt Gateway for SWW customers who	https://citizensadviceplymouth.org.uk/water-
are in debt or struggling to pay their water bill	<u>debtgateway</u>
and would benefit from more specialist advice	freshetert @plumeuthech.erg
Plymouth Citizens' Advice Bureau offer a Restart	freshstart@plymouthcab.org_
help line service. You need your SWW customer	Tel 01752 502699
reference number so the FreshStart team can get access to your water debt account.	
Report a scam	www.actionfraud.police.uk or Tel: 0300 123
Phone or visit the action fraud web site or	2040 www.citizensadvice.org.uk/scamsaction/
contact Citizens' Advice.	0808 2505050 Mon to Friday 9am to 5pm
Get advice and report a Loan Shark	www.gov.uk/report-loan-shark
	Tel: 0300 555 2222 or text 07860 022116
Okehampton Foodbank offering parcels of 7	Tel: 07460 771519
days' worth of emergency food to local people in	Email: <u>okefoodbank@gmail.com</u>
and around the Okehampton area. Valid	
foodbank vouchers can be issued over the phone	Open: Fridays 10am-12 noon Baptist Church,
by a local agency e.g. Citizens Advice, Children's	Okehampton EX20 1AN.
Centre or health visitors/support workers.	www.okefoodbank.org
Delivery system available.	Facebook page
Tavistock Foodbank offering parcels of 3 day	Tel: 07941 436 149
emergency food to local people in and around	Email:
the Tavistock area. Valid foodbank vouchers can	info@tavistock.foodbank.org.uk
be issued over the phone by a local agency e.g.	Open: Fridays 10am-2pm United Reformed
by Citizens Advice, Children's Centre or health	Church, Tavistock
visitors/support workers.	www.tavistock.foodbank.org.uk
	Facebook page
	Lacebook hale
Bere Peninsula Foodbank providing food parcels	Tel: 07513 132665
to households on low incomes and in crisis in the Bere	Email: <u>bpfb20@gmail.com</u>
Peninsula.	(Drop in at Hope Cottage Café at 41 Fore St.
Flexible; no official vouchers required; delivery	Bere Alston to resume when restrictions allow)
system available.	

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March 2021. The contact details in this list were gathered by Transitions and West Devon CVS; they are evolving and are subject to change. If any of the information is incorrect or can be added to, please contact us.

Julie Matthews, Partnership and Social Policy Lead Email: julie@navigatecharity.org.uk Billie Burnett, Information Co-ordinator Email: volunteering@westdevoncvs.org.uk